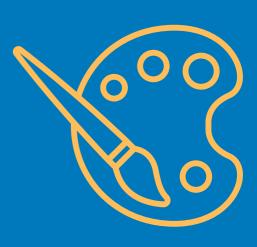




# **CO-CURRICULAR HANDBOOK**







Ó





## **KS3 WEEK A TIMETABLE**

MONDAY #MotivationalMonday	TUESDAY #TakePartTuesday	WEDNESDAY #WorkHardWednesday	THURSDAY #ThankfulThursday	FRIDAY #FeelGoodFriday
Homework Club Study Room F01/FIT #Self-Management	Homework Club Study Room F01/FIT #Self-Management	Homework Club Study Room F01/FIT #Self-Management	Homework Club Study Room F01/FIT #Self-Management	Homework Club Study Room F01/FIT #Self-Management
RAF Cadets Mrs Waters/Miss Ward FIT #Ambition	Samba Club Mr Bratley G01 #Creativity	STEM Club Science F24 #DecisionMaking	EAL Homework & Support Miss Alsusa F03 #Ambition	Girls Football Miss Taylor 3G Pitch #Leadership
	Netball Miss Taylor Muga #Teamwork	Badminton Miss Taylor Sports Hall #Ambition	Homework Club Study Room F01/FIT #Self-Management	Basketball Mr Marsh Sports Hall #Teamwork
	Dodgeball Mr Marsh Sports Hall #DecisionMaking	LGBT+ Club Miss Smith G14 #Teamwork	Table Tennis Mrs Wells Sports Hall #Ambiion	Speak Up Mr Vernon G02 #Verbal Communication
	Drama Club Mr Vernon G02 #Creativity		Board Game Club Mr Faur F20 #DecisionMaking	Wellbeing Club Mrs Dulson/Mrs Hague F24 #ActiveListening
	Kahoot Club Miss Canfor-Wood F21 #Communication		Crochet Club Miss Sails F08 #Organisation	Chess Club Mr MaCleod F26 #Problem Solving
	British Sign Language BSL Miss Corlett F22 #Communication		Arts & Craft: Warhammer Alliance Mr Day G18 #ProjectManagement	Creative Writing Miss Bolton F03 #Creativity
	MESME – Maths Club (Invite Only) Year 7 –Mr Moore–F07 Year 8 – Miss Zhu–F02 #Ambition		Y7/Y8 Football Mr Marsh 3G Pitch #Teamwork	
	ICT Club Mr Donnelly G16 #Computer Skills		Y9/Y10 Boys Football Mr Walton 3G Pitch #Teamwork	



## **KS3 WEEK B TIMETABLE**

MONDAY #MotivationalMonday	TUESDAY #TakePartTuesday	WEDNESDAY #WorkHardWednesday	THURSDAY #ThankfulThursday	FRIDAY #FeelGoodFriday
Homework Club Study Room F01/FIT #Self-Management	Homework Club Study Room F01/FIT #Self-Management	Homework Club Study Room F01/FIT #Self-Management	Homework Club Study Room F01/FIT #Self-Management	Homework Club Study Room F01/FIT #Self-Management
STEM Club Science Staff F24 #DecisionMaking	Drama Club Mr Vernon G02 #Creativity	LGBT+ Club Miss Smith G14 #Teamwork	EAL Homework & Support Miss Alsusa F03 #Ambition	Girls Football Miss Taylor 3G Pitch #Leadership
Trampoline Club Miss Taylor Sports Hall #Ambition	Samba Club Mr Bratley G01 #Creativity	Book Club Miss Bolton/Miss Bibi F03 #Writing	Table Tennis Mrs Wells Sports Hall #Ambiion	Speak Up Mr Vernon G02 #Verbal Communication
Fitness/Dance PE Staff Dance Studio #Ambition	Kahoot Club Miss Canfor-Wood F21 #Communication		History Debate Club Mr Khan G08 #CriticalThinking	Wellbeing Club Mrs Dulson/Mrs Hague F24 #ActiveListening
RAF Cadets Mrs Waters/Miss Ward FIT #Ambition	British Sign Language BSL Miss Corlett F22 #Communication		Board Game Club Mr Faur F20 #DecisionMaking	Chess Club Mr MaCleod F26 #Problem Solving
	MESME – Maths Club (Invite Only) Year 7 – Mr Moore –F07 Year 8 – Miss Zhu –F02 #Ambition		Y7/Y8 Football Mr Marsh 3G Pitch #Teamwork	
			Y9/Y10 Boys Football Mr Walton 3G Pitch #Teamwork	



### **KS4 WEEK A TIMETABLE**

MONDAY #MotivationalMonday	TUESDAY #TakePartTuesday	WEDNESDAY #WorkHardWednesday	THURSDAY #ThankfulThursday	FRIDAY #FeelGoodFriday
Homework Club Study Room F01/FIT #Self-Management	Homework Club Study Room F01/FIT #Self-Management	Homework Club Study Room F01/FIT #Self-Management	Homework Club Study Room F01/FIT #Self-Management	Homework Club Study Room F01/FIT #Self-Management
Fitness/Dance PE Staff Dance Studio #Ambition	Dodgeball Mr Marsh Sports Hall #DecisionMaking	LGBT+ Club Miss Smith G14 #Teamwork	EAL Homework & Support Miss Alsusa F03 #Ambition	Girls Football Miss Taylor 3G Pitch #Leadership
RAF Cadets Mrs Waters/Miss Ward FIT #Ambition	Netball Miss Taylor Muga #Teamwork	Badminton Miss Taylor Sports Hall #Ambition	Homework Club Study Room F01/FIT #Self-Management	KS4 Student Council Mr Bradley-Green Conference Room #CriticalThinking
	Kahoot Club Miss Canfor-Wood F21 #Communication		Crochet Club Miss Sails F08 #Organisation	Speak Up Mr Vernon G02 #Verbal Communication
	British Sign Language BSL Miss Corlett F22 #Communication		Board Game Club Mr Faur F20 #DecisionMaking	Wellbeing Club Mrs Dulson/Mrs Hague F24 #ActiveListening
			Arts & Craft: Warhammer Alliance Mr Day G18 #ProjectManagement	Chess Club Mr MaCleod F26 #ProblemSolving
			Y9/Y10 Boys Football Mr Walton 3G Pitch #Teamwork	Basketball Mr Marsh Sports Hall #Teamwork



## **KS4 WEEK B TIMETABLE**

MONDAY #MotivationalMonday	TUESDAY #TakePartTuesday	WEDNESDAY #WorkHardWednesday	THURSDAY #ThankfulThursday	FRIDAY #FeelGoodFriday
Homework Club Study Room F01/FIT #Self-Management	Homework Club Study Room F01/FIT #Self-Management	Homework Club Study Room F01/FIT #Self-Management	Homework Club Study Room F01/FIT #Self-Management	Homework Club Study Room F01/FIT #Self-Management
Fitness/Dance PE Staff Dance Studio #Ambition	Kahoot Club Miss Canfor-Wood F21 #Communication	LGBT+ Club Miss Smith G14 #Teamwork	EAL Homework & Support Miss Alsusa F03 #Ambition	Speak Up Mr Vernon G02 #Verbal Communication
RAF Cadets Mrs Waters/Miss Ward FIT #Ambition	British Sign Language BSL Miss Corlett F22 #Communication		Crochet Club Miss Sails F08 #Organisation	Wellbeing Club Mrs Dulson/Mrs Hague F24 #ActiveListening
			History Debate Club Mr Khan G08 #CriticalThinking	Chess Club Mr MaCleod F26 #ProblemSolving
			Board Game Club Mr Faur F20 #DecisionMaking	
			Arts & Craft: Warhammer Alliance Mr Day G18 #ProjectManagement	
			Y9/Y10 Boys Football Mr Walton 3G Pitch #Teamwork	

## **CO-CURRICULAR RE-LAUNCH**

Your NEW & IMPROVED co-curricular offer is now here! During term 2, we are re-launching the selection of after school clubs based upon pupil feedback. In this booklet you will find:

- The new co-curricular timetable
- A description of the clubs that we have on offer.
- Details of how our clubs can help to improve your key transferable skills & employability.

#### Why is it important that we attend co-curricular clubs?

- Attending different clubs helps you to build upon your key transferable skills (for example: leadership, communication, problem solving, teamwork)
- By developing your key transferable skills, you become more employable.
- You can use your experience of different clubs to help you in job interviews or to help you build a CV.
- Club attendance can be referenced in your applications and personal statements for college, apprenticeships, T-Levels and even university.
- Clubs can provide you with lots of new opportunities outside of the classroom.

### **CO-CURRICULAR REWARDS**

- **#TakePartTuesdays** Every pupil who attends a
- co-curricular club is entered into a weekly prize draw. Be in with a chance to win a #TreatYourself voucher simply by attending your favourite clubs.
- **ClassChart Points (NEW)** Every club attendance mark will now be rewarded with an Ambition point on ClassCharts.
- Summer Residential Every year, students who attend cocurricular clubs on a regular basis can win a ticket to the summer residential in Wales. Tickets are completely FREE.
  Be in with a chance to win a FREE trip to Wales by attending at least one club per week.
- End-of-Term Rewards The pupils with the highest club attendance will be rewarded with certificates and vouchers during the end of term rewards assembly.



# **RAF CADETS**

Welcome to our RAF Cadet Club, where students embark on a journey into the world of aviation and leadership. Engaging in the RAF Cadet Club not only provides students with a unique insight into the armed forces, it also develops key transferable skills such as teamwork, leadership, and problem-solving. Attendees will experience personal growth, develop a strong sense of responsibility, and gain a competitive edge for future endeavours.

### Key Transferable Skills:

Teamwork Leadership Problem-Solving

#### **Career Links:** Royal Air Force Intelligence Officer Engineering Pilot



#### Monday (Week A & Week B) Time: 3pm - 4pm Location: FIT Staff: Mrs Waters & Miss Ward







# **DRAMA CLUB**

In Drama Club, pupils explore the captivating world of theatre and performance. Here students will actively engage in script reading, character development, and stagecraft, improving their creativity and communication skills. The club serves as a bridge to school performances, allowing members to apply their newfound talents on stage.

#### **Key Transferable Skills:**

Commination Creativity Teamwork

**Career Links:** Actor Broadcaster/Presenter





Tuesday (Week A & Week B) Time: 3pm-4pm Location: G02 Staff: Mr Vernon







# SAMBA CLUB

Welcome to our Samba Club, where students discover the infectious rhythms and joyous beats of Brazilian percussion! In this co-curricular experience, members will immerse themselves in the lively world of Samba music, learning drumming techniques, and cultural nuances. Samba Club members are not just participants; they're performers. This year, our talented members have already impressed the entire school with their vibrant rhythms, showcasing their skills during our end-of-term assembly. This platform allows students to directly contribute to the school's culture and enhances the overall sense of community.

#### Key Transferable Skills:

Teamwork Coordination Communication

#### **Career Links:**

Musician Teacher (school or private) Music Producer Sound Designer



Tuesday (Week A & Week B) Time: 3pm-4pm Location: G01 Staff: Mr Bratley







# NETBALL

At our Netball Club, students dive into the world of competitive sports and teamwork. In this co-curricular club, members will engage in skill-building drills, strategic gameplay, and friendly competition, fostering a strong connection to the PE department's commitment to leadership and teamwork.

#### **Key Transferable Skills:**

Teamwork Leadership Coaching Problem Solving

#### **Career Links:**

Sports Coach Physiotherapist Sport Scientist Biomechanics Physical Education Teacher



Tuesday (Week B) Time: 3pm-4pm Location: MUGA Staff: Miss Taylor







# DODGEBALL

Welcome to our Dodgeball Club, club members will participate in skill-building exercises, strategic gameplay, and team-building activities, creating a spirited connection to fitness and teamwork.

**Key Transferable Skills:** Teamwork Communication Problem Solving

Resilience

**Career Links:** Sports Coach Physiotherapist Sport Scientist Biomechanics Physical Education Teacher



Tuesday (Week A) Time: 3pm-4pm Location: Sports Hall Staff: Mr Marsh







# **KAHOOT CLUB**

Welcome to our Kahoot Club where students will be able explore and develop their own interests in a fun and interactive way. In this co-curricular club, students can compete in low-stakes games and quizzes about a wide variety of topics through the learning platform 'Kahoot'.

Students can work individually or in teams, exploring subjects ranging from 'Flags of the World' to 'World's Rarest Animals'. Come along and see if you can get yourself on the podium!

**Key Transferable Skills:** Critical Thinking Adaptability Presentation Skills

**Career Links:** 

Teaching Tourism Media

Tuesday (Week A & Week B) Time: 3pm-4pm Location: F21 Staff: Miss Canfor-Wood

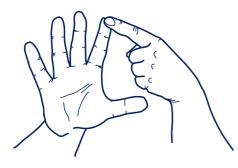


### BSL CLUB (BRITISH SIGN LANGUAGE)

Welcome to our British Sign Language (BSL) Club, where students immerse themselves in the rich world of sign language. In this cocurricular club, members will engage in hands-on learning, communication exercises, and cultural exploration, creating a meaningful connection to inclusivity and diversity.

**Key Transferable Skills:** Communication Language Skills

**Career Links:** Translator Educational Consultant Detective



Tuesday (Week A & Week B) Time: 3pm-4pm Location: F22 Staff: Miss Corlett



### MESME MATHS CLUB (INVITE ONLY YEAR 7 &8)

MESME maths circles offers students the opportunity to explore maths outside the normal curriculum. We tackle challenging problems as a group and have competitions to see who can get the 'best' answer. By following the three 'A's (Articulate, Adventurous, and Accepting) MESME trains pupils to think like a university mathematician and drives them to build upon the way they normally think about maths.

#### **Key Transferable Skills:**

Problem-Solving Numeracy Skills Communication

#### **Career Links:**

Financial Analyst Accountant Economist Data Analysis



#### Tuesday (Week A & Week B) Time: 3pm-4pm Location: Year 7 = F07, Year 8 = F02 Staff: Mr Moore & Miss Zhu



# IT CLUB

Welcome to our IT Club, where students delve into the world of technology and innovation. Participating in our IT Club not only enhances technical skills but also promotes critical thinking, collaboration, and adaptability. Members will have the opportunity to work on real-world projects, contributing to the school's technological advancements and digital initiatives.

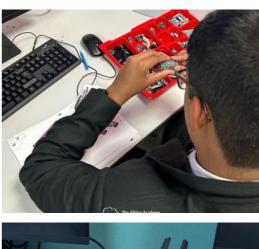
#### **Key Transferable Skills:**

Adaptability Critical Thinking Analytical Reasoning Computer Literacy

**Career Links:** App Developer Computer Games Developer Cyber Intelligence Officer



Tuesday (Week A) Time: 3pm-4pm Location: G16 Staff: Mr Donnelly







# **CREATIVE WRITING CLUB**

Welcome to our Creative Writing Club, where students embark on a literary journey exploring the boundless realms of imagination. In this co-curricular experience, members will engage in expressive writing exercises, storytelling workshops, and collaborative projects, attendees will develop a keen understanding of storytelling techniques and diverse perspectives, preparing them for academic and professional success in various fields.

#### **Key Transferable Skills:**

Creativity Research Skills Interviewing Communication

#### **Career Links:**

Journalist Editor Writer English Teacher



Wednesday (Week B) Time: 3pm-4pm Location: F03 (Library) Staff: Miss Bolton



# BADMINTON

Welcome to our Badminton Club, where students engage in the fast-paced and exhilarating world of shuttle sports.

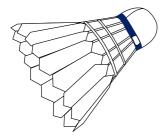
In this co-curricular club, members will participate in skill-building drills, strategic gameplay, and friendly competition, creating a strong connection to the PE departments commitment to leadership and teamwork.

#### **Key Transferable Skills:**

Teamwork Leadership Coaching Problem Solving

#### **Career Links:**

Sports Coach Physiotherapist Sport Scientist Biomechanics Physical Education Teacher



Wednesday (Week A ) Time: 3pm-4pm Location: Sports Hall Staff: Miss Taylor





# **STEM CLUB**

Welcome to our STEM Club, where students embark on an exciting journey into the realms of Science, Technology, Engineering, and Mathematics. In this co-curricular club, members will engage in hands-on experiments, collaborative projects, and problem-solving activities, fostering a direct link to STEM education and innovation.

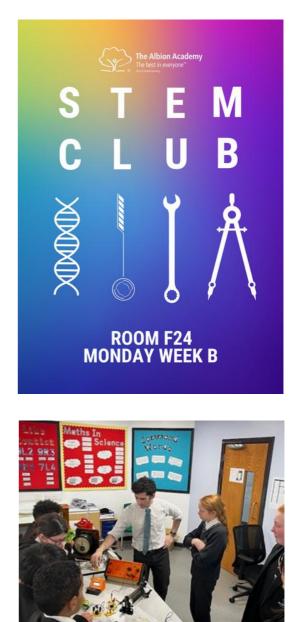
#### **Key Transferable Skills:**

Research Skills Commination Critical thinking Resilience

#### **Career Links:**

Civil Engineer App Developer Chemical Engineer Scientist

Wednesday (Week A ) Monday (Week B) Time: 3pm-4pm Location: F24 Staff: Science Team



# LGBTQ+ CLUB

Welcome to our LGBT+ Club, a safe and inclusive space where students celebrate diversity, promote understanding, and foster a sense of community! In this co-curricular club, members will engage in discussions, awareness campaigns, and collaborative projects, creating a meaningful connection to the school's commitment to diversity, equity, and inclusivity.

#### **Key Transferable Skills:**

Communication Teamwork Leadership Respect

#### **Career Links:**

Teacher Journalist Politician Civil Rights Activist



Wednesday (Week A & Week B) Time: 3pm-4pm Location: G14 Staff: Miss Smith



# **TABLE TENNIS**

Welcome to our Table Tennis Club, where students dive into the thrilling world of racket sports! In this co-curricular experience, members will engage in skill-building drills, strategic gameplay, and friendly competition, creating a strong connection to the PE departments commitment to leadership and teamwork.

#### **Key Transferable Skills:**

Teamwork Resilience Coaching Problem-Solving

#### **Career Links:**

Sports Coach Physiotherapist Sport Scientist Biomechanics Physical Education Teacher



Thursday (Week A & Week B) Time: 3pm-4pm Location: Sports Hall Staff: Mrs Wells



# EAL HOMEWORK SUPPORT

Welcome to our English as an Additional Language (EAL) Homework Support Club, where students receive valuable assistance and guidance to excel in their academic journey. In this cocurricular experience, members will engage in language-focused activities, homework assistance, and cultural exchange, creating a supportive connection to the school's commitment to inclusive education.

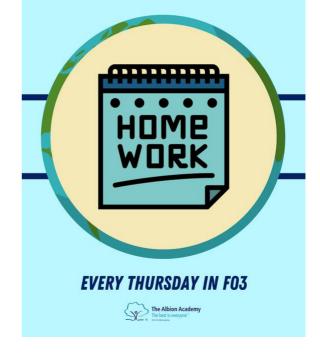
#### **Key Transferable Skills:** Communication Teamwork Resilience



Thursday (Week A & Week B) Time: 3pm-4pm Location: F03 Staff: Mrs Alsusa



MISS ALSUSA'S EAL HOMEWORK & SUPPORT



# **HISTORY DEBATE CLUB**

In our History Debate Club, students delve into the fascinating narratives of the past and engage in thought-provoking discussions. Here members will participate in lively debates, historical research, and critical analysis tasks. This club emphasises the importance of historical empathy and critical thinking. Pupils will also gain the chance to compete against other schools in debate challenges.

#### **Key Transferable Skills:**

Communication Debating Critical Thinking Listening

#### **Career Links:**

Politics Journalism Civil Service Teaching



Thursday (Week A & Week B) Time: 3pm-4pm Location: F08 Staff: Mr Khan





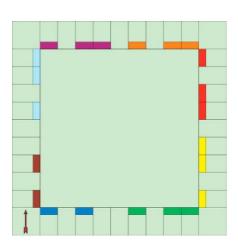
# **BOARD GAME CLUB**

Welcome to our Board Game Club, where students gather for fun, and tabletop excitement! In this co- curricular experience, members will engage in a variety of board games, from classic to modern. Participating in the Board Game Club not only offers a break from screens but also enhances strategic thinking, problem-solving, and social skills.

#### **Key Transferable Skills:** Problem-Solving

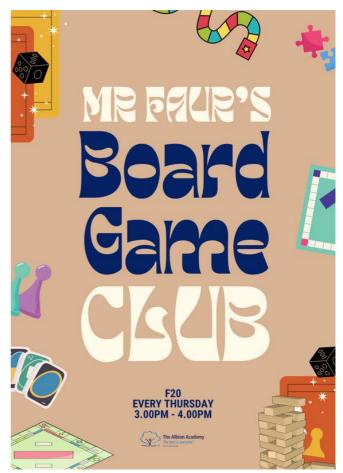
Strategic Thinking Communication

#### **Career Links:** Marketing Sales



Thursday (Week A & Week B) Time: 3pm-4pm Location: F20 Staff: Mr Faur





## **ARTS & CRAFTS** (WARHAMMER ALLIANCE)

Welcome to our Arts and Crafts (Warhammer Alliance) Club, where students merge artistic expression with the thrilling world of Warhammer miniatures! In this co-curricular experience, members will engage in miniature painting, terrain crafting, and creative storytelling, forming a connection to artistic exploration and strategic gaming.

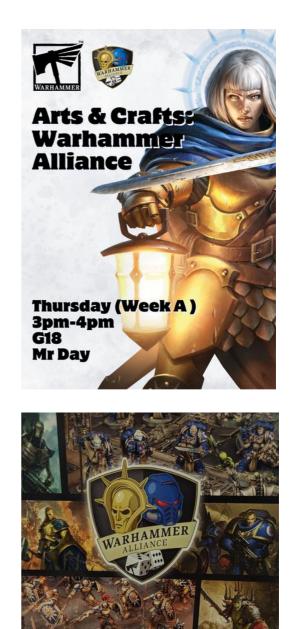
#### Key Transferable Skills:

Problem Solving Creativity Communication

**Career Links:** Concept Artist Carpentry Designer



Thursday (Week A) Time: 3pm-4pm Location: G18 Staff: Mr Day



# **BOYS FOOTBALL CLUB**

Welcome to our Boys Football Club. In this co-curricular experience, pupils will engage in skill-building drills, tactical gameplay, and spirited competition. Participating in the Girls Football Club not only sharpens individual ball skills but also emphasises the importance of teamwork, communication, and strategic thinking on the field. Pupils will also can also use the club as a stepping stone to represent our school football team.

#### **Key Transferable Skills:** Teamwork Resilience Coaching Problem Solving

**Career Links:** Sports Coach Physiotherapist Sport Scientist Biomechanics Physical Education Teacher

Boys - Thursday (Week A & Week B) Time: 3pm-4pm Location: 4G Astroturf Staff: Mr Walton & Mr Marsh







# **GIRLS FOOTBALL CLUB**

Welcome to our Girls Football Club. In this co-curricular experience, pupils will engage in skill-building drills, tactical gameplay, and spirited competition. Participating in the Girls Football Club not only sharpens individual ball skills but also emphasises the importance of teamwork, communication, and strategic thinking on the field. Pupils will also can also use the club as a stepping stone to represent our school football team.

#### **Key Transferable Skills:**

Teamwork Resilience Coaching Problem Solving

**Career Links:** Sports Coach Physiotherapist Sport Scientist Biomechanics Physical Education Teacher

Girls - Friday (Week A & Week B) Time: 3pm-4pm Location: 4G Astroturf Staff: Miss Taylor







## **SPEAK UP**

In Speak-Up, students will collaborate with professional artists within the theatrical world to develop a piece of art that is important to them. This can be through paintings, poetry, performance and dance. This club will allow students to create work about important topics that they believe young people should 'speak-up' about, developing respect and resilience within the community.

### Key Transferable Skills:

Commination Creativity Teamwork

**Career Links:** Actor Broadcaster/Presenter Theatre Director



Date: Friday (Week A & Week B) Time: 3pm - 4pm Location: G02 Staff: Mr Vernon





# BASKETBALL

Welcome to our Basketball Club, In this co-curricular session, students will engage in skill-building drills, strategic gameplay, and spirited competition, creating a dynamic connection to the school's commitment to athleticism and team sports. Participating in the Basketball Club not only refines individual ball-handling skills but also emphasises the importance of teamwork, communication, and strategic thinking on the court.

#### **Key Transferable Skills:**

Teamwork Resilience Coaching Problem-Solving

**Career Links:** Sports Coach Physiotherapist Sport Scientist Biomechanics Physical Education Teacher



Friday (Week A) Time: 3pm-4pm Location: Sports Hall Staff: Mr Marsh



### DIVERSITY BOOK CLUB (INVITE ONLY)

Welcome to our Diversity Book Club, where students embark on literary adventures and celebrate the magic of storytelling! In this co-curricular experience, members will be given a range of texts to read and explore the lives of people from other cultures, backgrounds and experiences. Not only will we be enriching our pupils' knowledge with these books but, we will also have opportunities to go on trips to The John Ryland's Library and Peoples' History Museum and other places to further enrich their cultural knowledge. The aim of the book club is to expand our pupils' imagination and broaden their knowledge about the world in which they live, which will open many opportunities and doors in the future. This is also something they can reference on college applications and CVs, to demonstrate your engagement with extra-curricular opportunities.

#### **Key Transferable Skills:**

Literacy Communication Creativity Analytical Skills

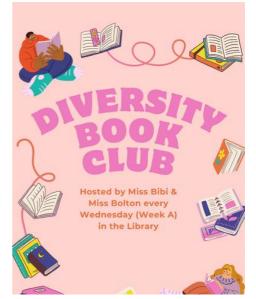
#### **Career Links:**

Publisher Writer/Author Educational Consultant

#### Friday (Week A)

**Time:** 3pm-4pm **Location:** Library (F03) **Staff:** Miss Bibi & Miss Bolton





# **WELLBEING CLUB**

The wellbeing club is the place to wind down after a busy week within school. It is the opportunity to try an assortment of crafts, to be creative, to relax and to make new friends.

**Key Transferable Skills:** Interpersonal Skills Relationship Building Teamwork

**Career Links:** Counsellor Therapy Teaching



Friday (Week A & Week B) Time: 3pm-4pm Location: F24 Staff: Mrs Dulson & Mrs Haigh



# **CHESS CLUB**

Welcome to our Chess Club, in this club students will participate in skill-building sessions, tactical gameplay, and friendly competition. Participating in the Chess Club not only improves individual chess skills but also emphasises the importance of critical thinking, planning, and sportsmanship.

#### **Key Transferable Skills:**

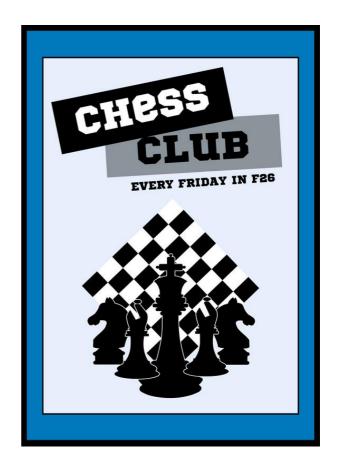
Critical Thinking Adaptability Problem-Solving

#### **Career Links:**

Politician Data Analysis Statistician Economist



Friday (Week A & Week B) Time: 3pm-4pm Location: F26 Staff: Mr Arnetoli & Mr MaCleod



# **HOMEWORK CLUB**

In our Homework Club and Study Room pupils will find a supportive environment for completing homework and engaging in collaborative study sessions. Engaging in the Homework Club and Study Room not only provides a quiet space for focused learning but also emphasizes the importance of time management, organisation, and collaborative learning.

#### Key Transferable Skills:

Communication Independence Research Skills

**Career Links:** Business Analysis Psychologist Teacher Actuary



Every Day Time: 3pm-4pm Location: F01/FIT Staff: H0Y/LSA

